

YOUNG LIVING TRAINING TAPE #5

DR. DON GARY YOUNG

Ladies and gentlemen, we present for your enjoyment and instruction Training Tape #5, an exciting lecture given by Dr. Gary Young at the 1998 Natural Care Animal Educational Forum and Expo
And now, here is Dr. Young.

Dr. D. Gary Young - Working with Animals

It's good to be here and share with you this morning a little bit about animal care and people care..because if people don't care, it's hard for people to care for animals.

To share with you a little bit about essential oils, Dr. Petras is using essential oils in his practice and having a lot of experience with it. How about some of the rest of you. How many of you are using essential oils?

People and Animals Respond to Oils

Since essential oils are plant-derived compounds, they are very compatible for animals as well as humans. It has been very exciting to watch the results of essential oils and how people respond to them and how animals respond to them. If you are a pet lover—and I assume that you are or you wouldn't be here—it becomes exciting to watch how quickly your animals will gravitate towards essential oils. I want you to really understand a little bit about essential oils and why they work so effectively, which may be a place where I can give you some foundation and share a little background.

Steam Distillation Process

Essential oils have what we refer to as phenyl-propanoid compounds. When we extract the oil through steam distillation from the plant material and the steam goes up into the cookers and opens the fibers of the plant tissues and the oil molecules escape with the steam, they are enclosed in a membrane or a sac. That is what protects the oil in that high temperature of 280 degrees inside the cooker. As it travels through the swan neck and goes down through the condenser and the cold water cools, it fractures the membrane around the oil molecule. The sac breaks and the oil escapes into the cold water and then goes into the separator. There the oil separates from the water. If it is *Lavender* oil it rises to the top; if it is *Cedar* oil then *Cedar* oil is heavier than water and it goes to the bottom. So you have to have different distillation units for different separations of different oils.

Parallelism of Essential Oils and Blood

It is important to understand that the oil and the blood in the body happen to be almost identical in function and purpose. When we look at some of those aspects we know that blood is protein. If we compare the analogy to the plant and we look at the fact that we have blood and lymph fluid in our bodies (which are the two main fluids), we look at the plant and we have chlorophyl and essential oil.

Identical Functions

We look at some of the similar functions: Blood is there to nurture and feed the cells of the body; the essential oil is there to nurture and feed the cells of the plant. The blood carries the antibodies—antibacterial, anti-infectious, antifungal, anti parasitic, immune stimulating antibodies, and all of these similar compounds are found in essential oil as well.

Essential oil contains antiviral properties, anti-infectious, antibacterial, antifungal, and the oil carries immune stimulating antibodies as well, so when we compare the oil and the blood they have almost identical purpose and identical function.

Learn from Animal Habits..

We know that as we look and watch animals and life—even the flesh-eating animals—they will always go and graze on the greens and the grasses and different plant varieties if they have a problem. I am sure all of you have been around a dog or watched one..if there is something wrong, he will go and he will start eating grass. We know that in the grass there are compounds called coumarins, and coumarins are natural hemostats that are blood regulators and blood purifiers, so that may be one of the reasons that a dog has a natural instinct to go and eat grass.

We look at other animals such as a bear in the wilds. A bear will eat a lot of berries and a bear will also dig and eat roots at different times through their season. Of course, the compounds in the roots can work as a laxative for the bear, like particularly in the spring when they are digging and eating the bulbs.

Animals Work on Natural Instinct..

That is more common because the bears have been in hibernation through the wintertime, so in the spring when they come out of hibernation they will go into the creek bottoms and they will dig for these plants bulbs because most of the plant bulbs, like the wild onion for example, are a natural laxative to the bear. It cleans their system out after being in hibernation throughout the winter.

You will watch cows and they will go in the creek bottoms in the spring and eat the wild onion green shoots because it is a laxative. Horses will eat plants that will create a laxative effect in the spring. So our animals that have the natural instinct will still go to all of our various plants to create a laxative effect, a detoxing effect of the liver. If they have problems, they will eat plants they know are natural antibiotics, so it is very exciting when you start seeing this analogy of how the carnivore animals will still go to plants.

You Can Learn to Identify Animal Problems

When we understand the essential oil and the plant and the role that it plays in detoxifying, in working as a natural antibiotic or building natural flora or stimulating the immune system, you can literally go into the wilds and follow animals and watch how they graze and watch their habit patterns. You can identify if the animals have a problem, based on where they are grazing and the plants they are

When we look at some of the other things that are very exciting about plants, we come back to phenyl-propanoids. We know all plant tissues are protein sources, as are all human tissues. In fact, every single cell in the human body is made up of protein. Of course, there are other compounds and nutrients and elements, but still protein is the number one. If you take protein out, then you do not have life. You cannot build a cell in the human body—or an animal cannot build a cell—without the presence of protein.

The essential oils are phenylpropanoid in structure, meaning that they are amino acid compounds in structure, which means that the essential oil is a protein. That is why it is so compatible with human life and with animal life, because every cell is a protein and every single drop of essential oil is in a protein structure.

The ‘Thinking Man’s’ Medicine..

Again, that is why the oil will penetrate through the skin on your animal or through your own skin and travel wherever it needs to go. Essential oils could
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grazing on, so it is a very interesting phenomena.

Oxygen, the Catalyst of all Living Substances

We know that essential oil is a very fundamental part of our entire creation because the oil is the substance that has been given to the plant kingdom to give life to the plant itself. The very compound that travels in the oil which is responsible for all of it is the same compound we find in the human blood which is responsible for the blood being effective in the human body. That compound travels through the system, penetrating the plasma membrane (or the lipid membranes). It goes into the nucleus of cells and nurtures (feeds) them, and more important..it carries the nutritional elements into the cell to feed the cell so it will be healthy.

That compounds happens to be oxygen, which is the catalyst of all living substances. When you take the oxygen out of the blood, then you have a dead person. When you take the oxygen out of the plant, you have dead fiber, dead tissue. So without that, we don't have life.

Of course, the essential oil itself is just like the blood. It happens to be the catalyst or the vehicle the oxygen and nutrients travel in. We are very blessed in understanding and knowing the function that it has in protecting ourselves.

Protein - Number One Necessity

also be categorized as the ‘thinking man’s medicine,’ because no matter where you put it, it works. For example, if you have a headache you can rub the oil on your feet and in less than one minute the headache will be gone. If you have a dog that has an upset stomach or a cat, or as we have just learned recently—a horse with cholic and a twisted gut—you can put the oil on the foot of the animal and still get results.

In all the years that I have used oils on my animals I have never treated a horse through the feet. I have always gone through the mouth, under the lip, the tongue, on the inside of the lip, or on the bottom jaws. I have always treated the auricular points around the rims of the ears, I have done *Raindrop Therapy* and dripped the oil along the spine and massaged them in on my bigger animals. With my hoofed animals, I have never put the oils on their feet.

A New Lesson for Using Oils on Animals

However, a few weeks ago my brother-in-law had a horse that got cholic and a twisted gut and was down rolling.

Anyone who has been in that experience knows it will only last for about six to eight hours and the horse is normally dead.

Surgery, Not a Good Option

They can operate on them, but surgery with a twisted gut is probably only about 25% successful. The majority of horses will die within an hour of the surgery because of the trauma. I have lost two horses in the past due to that very thing.

Horses Respond to Foot Treatment

Because of that and my brother-in-law knowing it, when this happened to his horse he immediately grabbed his oil (which I make for the digestive system) and poured it all over the hoof of the horse. Then he rubbed it also on the belly and up around the umbilical area and on the flanks of the horse. Next he got the horse up and started walking him.

Of course, the horse kept trying to go down, but my brother-in-law kept pulling and my sister was pushing and they kept the horse walking. It finally started going to the bathroom, then it would go down. He would put more oil on the hooves—right on the frog—he poured it all over the frog of the foot. He got the horse up and walked it again. They did this three times and finally the horse just started like it had diarrhea, and came completely out of it! That was really an exciting experience. I think it is going to be exciting for a lot of horse lovers. We have over 40 horses, so it is really exciting to us!

Different Qualities in Horses

We have about 20 big Percheron draft horses that we work the fields with. Draft horses are very interesting because they are very powerful animals, but they are very fragile. They don't deal well with trauma; they don't deal well with disease, so in that sense when a draft horse goes down, you don't get them up. They don't have the fighting spirit like an Arabian or a Thoroughbred or a Morgan has. It is very interesting to recognize the different mental states of our animals.

The Horse, a Perfect Creation

Another interesting thing is how we can heal wounds on our animals and how we can heal different diseases. Because horses happen to be my number one favorite animal, I have always said that when God looked at making the most perfect animal, he made the horse.

I know that other people feel that way about cats

or dogs or parakeets..whatever, but these are my favorite animals and of course, I love working in the field. I have teams and a 4-horse hitch and now I am breaking some 6-horse hitches.

(Shows slides) This picture shows my 4-horse hitch and this is Tom and Jerry and Blue and Black. My other team that I work a lot is Rocky and Bullwinkle. Meg and Molly are actually my favorite team. We used them on the wagon train last year and it was really a beautiful experience.

Create a Companionship with Your Horse

I love my horses and creating the companionship is really healthy for horses. These two mares here in the middle were my first team and I have had them for several years. They are 16 years old. This mare here I lost this summer—in fact, she died three days after this picture was taken—from a twisted gut.

Training Young Colts

Tom and Jerry are young three year-old colts I was just breaking to the harness, so this was training time. The greatest training time is hooking them onto a piece of equipment, putting them in the field, and letting the older mares educate them. Boy, they do! I had been working with Meg and Molly because Meg and Molly are seven and eight years old—a very well-broke team—and if the young colts on the outside don't behave, they will reach out and 'cow kick' them! If they get too close, or they are not pulling right, they will reach out and cow kick them and they will reach over and bite at them and tell them to keep up, to pull their end of the load. It is really the greatest way to train young colts!

Last year when we were on the wagon train, we took Meg and Molly's two babies. I put halters on them and they were three and four months old and tied them right to their mommas, and for two weeks we traveled with the train from Fort Bridger into Salt Lake. By the time we got to Salt Lake when I would say, "Whoop!" they would stop. When I would say, "Yah..Gid up!" they would go. They would turn and we'd take the halters off and they would just mimic their mommas. Now we are training the two little gals in the harness and it is really a beautiful experience.

Using Essential Oils with Animals

I use the oils for all of my animals. In fact, Jerry got a real bad cold earlier this summer and was running at the nose, so I took *Ravensara*.

I was there one day and showed my animal manager how to take care of him. I spend a lot of time teaching my people how to use the oils because

we have over 200 animals in our zoo, besides all the horses.

I just showed him how to do the *Raindrop Therapy* on his back with *Ravensara Aromatica* (which is an antiviral compound) with a blend I made for respiratory congestion. Then we went up under the lip with the oil blend called *Exodus II*, and the next morning he was not running at the nose. The oils are so fast!

Auricular Points Respond to Oils

Also, I rubbed the *Exodus II* on the auricular points around the ears. Sometimes the first time you treat animals with oils, if they are 'hot' oils like *Exodus II* and *Thyme*, they will sting a little bit so they will kind of flip their ears around. You can put the oils on and then take some olive oil or vegetable oil and then rub back over the same spot and it dilutes and tones it down so it doesn't sting.

Go According to Size of Animal

For your smaller animals you can do exactly the same things, but instead of using 10 or 15 drops on the ear of a draft horse, you would use 1 or 2 drops on the ear of a cat or a dog. The same thing applies when you do the *Raindrop* on the spine.

We are talking here about at a 2000-pound horse and you would think you would need to pour a gallon of oil on this horse, but it is not necessary. I use 15-20 drops along the spine. I massage it in with my finger-tips—always working from the tail up to the mane or the withers—and it is as effective as putting six drops on an adult or 1-3 drops on a dog or a cat.

Disease Hibernates along the Spine

The spine is a very important place to work oils into your animals because of the nerve trunk. It is picked up very quickly and carried through the nerves and through the blood vessels. Also, along the spine is an area on your animals where viruses and bacteria will hibernate. It is very typical to have a lot of dead tissue along the spine, along the nerve area.

Because of sloughing, the spine is not an easy place where the body detoxifies, particularly if you are sedentary, or if you have a pet that lays around the house a lot..one that is not active and jumping from trees and from branch to branch chasing birds or chasing cars on the street or something.

If you have a house pet that spends a lot of time just laying around the house, it is as detrimental as it is for you to sit behind the computer! If you have a dog or cat that is a house animal and spends a lot of

time watching TV, it's as deadly as it for you to spend a lot of time watching TV!

What's Good for You is Good for Your Animal

I really like to share with folks that if you recognize (1) that you, yourself, need a good diet; (2) that you need good exercise; (3) that you need good water..then those are the very essentials for your animals. My horses do not get artificial feed. They do not get vaccinations. None of my animals have ever been vaccinated.

No Vaccinations..

We were told we had to vaccinate because when we were on the wagon train crossing from one state to another, they were really adamant about that. But I said, "Well, we are just going to go and see what happens." So we just loaded our horses when we went to Fort Bridger. I didn't pull in the scales and just went on down the highway! When I was with the wagon train, they just assumed everybody had vaccinated their horses because they were in the wagon train. I don't do that. I don't want to put those antibodies in my animals. Take Rocky and Bullwinkle, they are not going to have offspring because they had their 'change in life' and Black and Blue are beyond having offspring also, so we are not going to pass something on to one of their colts because they won't have a colt. Take like Meg and Molly..if I vaccinated them, when they had a baby that genetic encoding that would be in the DNA of their bodies from the vaccination would go into their colts and this causes an immune compromise.

Generations in Jeopardy..

So that is what is happening today. You look at the evolution of time from three generations back when your grandparents were very healthy people. If they got a cold they would go out in the pasture and gather some Echinacea or some Yarrow or Dandelion or whatever and make a tea and drink it, and they didn't have a problem. But now their grandchildren go to the health food store and buy it in a dehydrated capsule form and take it and get no results. There are two reasons for that:

- (1) The immune system is compromised and
- (2) When we dehydrate the plant, we evaporate the

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At the same time, when we started vaccinating our people 50 years ago and that started evolving, it was just like the World War II veterans. They had all their vaccinations to go in World War II and two years ago they started discovering all these war vets were developing leukemia..

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Problems Traced to Vaccinations

They traced it right back to the vaccinations of World War II. We see all the things that went on with the Gulf War and the Viet Nam War and all the drugs that were used there and all the side effects that were caused in babies now being born.

Horses with ‘Strangles’

I look at it the same with my horses. We had a couple of our miniatures that got ‘strangles.’ We don’t know where they picked it up or where it came from but if you have never had strangles in a horse, it is a very serious condition. It starts in the mouth and it is an infection. It goes down into the throat and creates abscesses in the throat so bad that the

throat will swell and close off and the horse dies. That's why they call it strangles. I wasn't there when it first manifested in two of our miniature horses, and so they called the vet and he said, "Well, this is strangles and we've got to give them antibiotics and there is probably a good chance you are going to lose two of your little registered miniature horses." It was pretty scary.

Use Oils..Good Therapy

We were on the road and I called in and, of course, the message was there that the colts had strangles and I told them, "Don't you dare let the vet touch these horses with their antibiotic!" I told them to take the essential oil and simply just cover all the abscesses that were on the outside of the jaw. I told them it would swell and hang down underneath and break open just like a great, huge boil and just ooze mucus and blood.

It does the same thing inside as it does on the outside with strangles. You just cover all that area with the essential oil and put on a little *V-6* oil, which is combination of vegetable oils that I make. I told them to put that over with it and then put the essential oil all inside the mouth. Put some in water and get it down them with a tube.

Healing Process Began

So they did, and within four days the condition had reversed itself and was in the healing process. It took about a total of 11 days.

Then we went around and did the *Raindrop Therapy* on all the little miniature horses that were in the two pens where these two stallions had contracted strangles, and no one else got strangles. It is a very contagious condition and is very easily transmitted from one horse to another to another. Once it is in the pen they say you have to quarantine for a number of months. You have got to go in and sterilize the pen, so I had my animal people put the essential oil in a spray bottle and go through and just spray the dirt. Our pens are quite large and we have built a very special park so the animals have got lots of room. We have just not had a problem.

Staple in Foot Responded to *Thieves*

The other day one of my big geldings, Rocky (the companion to Bullwinkle) stepped on a staple and ran a staple up through his foot. It was in about 1½". They called me on the radio and said, "Gary, what should we do? Should we call the vet?" I said, "No, there's no need to call the vet. Just get the *Thieves* oil, put it in a syringe with a needle and put the needle up in the puncture hold and inject the

essential oil." So Darla washed the foot off and sterilized it with hydrogen peroxide and water and soap and injected the *Thieves* up in the foot and that was the end of the story.

I told her to put a boot on him so it wouldn't get any dirt, etc. in it for a couple of days and by the time she put the boot on him, he put his foot down and walked off without even limping.

Protect Animals with Essential Oils

There are so many things that you can do with oils for protecting your animals that it is just phenomenal, so look at what you can do to help your animals.

There are some simple little things like fever. If you have a dog or a cat or a parakeet or a guinea pig, etc that develops a fever, turn to the oils. We have had a lot of interesting things with birds in the last few years, or I should say, "people with birds." We don't have birds other than peacocks, but our peacocks down at the farm are so wild you can't even get close to them.

***Peppermint* for Fevers**

It's very simple to do the same thing..just one drop of oil. If you have a bird that is running a fever you can put *Peppermint* right on the bottom of their feet. You can do the same thing with a cat. You can do the same thing with a dog or a guinea pig. For any creature that has feet, that is the first place to treat.

You can also diffuse the oils in the room and just through in inhalation of it, it is going to bring the fever down. *Peppermint* is very beneficial for bringing fever down and controlling fever. It is a natural antibiotic as well and it is a stimulant to the pineal, the pituitary, the hypothalamus glands.

Environmental Toxins Compromise Immune System

Another thing we are very aware of because of the environmental toxins (particularly within the cities) is a serious challenge. When we were flying in a few days ago I wasn't sure if what I was looking at was the ground or not--and sure enough, it wasn't--and we had to get down through that layer to find the ground!

We know that the environmental toxins and the petrochemicals in the atmosphere are causing a very serious problem in coating the receptor sites on the pituitary. As a result of this, our animals and our people are not able to function normally. That is causing a compromising to the immune system because the anterior pituitary is not able to produce

the growth hormones that are necessary, whether it is animal or human.

Toxic Waste Affects Natural Instincts

When we were driving here from the hotel there was a field a little bit from here and it was filled with Canadian geese. It was interesting to listen to the conversation of the people in the vehicle with us. One gentleman said, "Well, I remember when I was a boy..we never ever saw Canadian goose here. Now they are here all the time. They don't migrate anymore." Why are they not migrating? Because the toxic waste these birds have been flying through and breathing has affected the pituitary. They have lost their natural instinct to migrate. This is something that is happening more and more, and now we have herds of Canadian geese on the runways at airports and they are having to take dogs out there to chase the geese off the runways. It is because these creatures have lost their natural instinct.

Same Effects on Humans

It is happening to humans, too. It has been evolving with humans much longer, unlike the creatures of the wild. Most of them only have the auto-intoxication from the air they are breathing and the water they are drinking in the ditches and ponds and puddles, etc., where the humans have been eating chemicals for 75 years. So the humans have had an earlier saturation period from chemicals than the animals have, and we have lost our natural instinct to gravitate to the grasses and the weeds and the flowers and the bushes for our healing.

Instead, we run right across the street to the pharmacy and look for something there, or we look through the *National Inquirer* and look for magic cures!

But it is still happening. This, without question, is the greatest opportunity we have for supporting our animals, and if you have pets in your home, then you need a diffuser in your home where you can be diffusing the oils for your pets.

Essential Oils Digest Chemicals

The oils literally will digest chemical molecules in the air..aerosol chemicals. Oils will digest them, so you are not inhaling them. If you are using the essential oils topically and diffusing it in the air, the oils will digest the other chemicals you have ingested into your body and chemicals in the tissues and help your body to discharge them out of the system. So it is extremely important to allow yourself to be in an environment where you can take essential oils in, whether you just diffuse it, whether you wear it, or

whether you are taking it in as a supplement. There are many things you can do.

Determining an Animal's Headache

How do you know if your animal has a headache? Does anyone know how to tell if your dog or cat has a headache? Someone says, "You can feel it." Another way you can tell if a dog or a cat has a headache is they will shake their head. If it is a real bad migraine, when they walk, they walk in a circle. Then they will go over and lay down and put their paw up over their head. How many have seen that?

Determining Ear Infection

You can have a couple of things here when that happens: You can have a headache (a bad migraine) or you can have an ear infection. Ear infections are really notorious for causing the animal to walk in a circle because it affects their equilibrium. One of the ways you can tell if it is an ear infection is you can feel the base of the ear and see if there is fever in the ear or if there is any discharge in the ear. On the early stages before the discharge starts with an ear infection, you won't see that, but you can feel it. If you are relatively sensitive you can feel the fever at the base of the ear.

A cat or a dog that has an infection will paw at their ear. If it is just a migraine headache, they will go over and lie down and put their paw up over their head. Then they will get up and they will walk again, then go lie down and put their paw up over their head.

Airborne Chemicals Cause Problems

What creates these migraines and these headaches in these animals is the chemicals that they are breathing in the home and outside the home and the foods they are eating. You look at the food that dogs and cats are fed..Purina Puppy Chow. It is kind of like Wonder Bread, it's a wonder that an animal can get any nutrients out of it! Just like it is a wonder that humans can..and they can't!

Animals Need to Forage for Themselves

So the best way to feed your animals is simply just turn them outside. If it's a cat, let them climb the tree and let them catch a bird. Turn them loose in the garage so they can get a mouse. If it's a dog, they need to be able to go run down a rabbit in the desert, so you need to go once a day, take your dog out in the hills or out in the desert and turn him loose to go chase a rabbit. This is the most healthy environment you can have for a dog or a cat! You simply can you see the situations that are being created in our

lifestyles so our pets cannot have a natural lifestyle, just like we don't have a natural lifestyle. It is affecting them as it is us. It is really sad.

Animals Acquiring Human Diseases

How many years ago was it when we first started to hear about Feline Leukemia? How many years has it been since dogs and cats started developing cancer?

I grew up with dogs and cats as a little boy. We used dogs to herd our sheep, to herd the cows, to chase the horses. I had a dog from the time I could walk and we always had barn cats for chasing the mice. When I was growing up we milked our cows by hand—we had ten cows that we milked morning and night by hand—and when we would milk it was always fun. I had one old cat in the barn and I would grab the teet of the cow and squirt it at the old tom cat who was 5-6' away and watch that cat savor the milk! It would get all over its face and it would rub the milk all over. That's how animals should be raised.

Caring for Sick Animals in Days Gone By

As a boy growing up in our home, the only time animals were in our house would be when they were sick but they were never allowed in our house unless they were sick. Baby calves would be brought into the kitchen and put in a container by the old wood stove because we didn't have electricity. We didn't have heat lamps in the barn and in the calving sheds, so a lot of the baby calves would be brought in and put by the wood stove if they were sick.

My Dad would make herbal teas and pour the teas down the calves or the cow or whatever animal it was. I never heard of a veterinarian until I moved to Canada. When I moved to Canada they said, "Well, you have got to have a certificate from the vet on your horse." I said, "Well, where do I go to find a veterinarian?" One didn't exist where I grew up. It was unheard of. When we had problems—like cows with cancer eye—when we would do the trail drives and move the cattle in the spring, bring them off from the BLM and take them to the Forest Service for summer grazing, we would spend four days. There would be several ranchers who would put all their cows together so we could make the drive. We would drive the cattle 100 miles from the spring range to the summer range and then we would rope the cows and cut them out and brand the calves and castrate and dehorn and do surgery and whatever it was, but there were no vets around. We did these things ourselves.

Effective Natural Healers

What I am sharing with you is that I never heard

of cancer in a dog until about 15 years ago. I never saw it. If one of my old dogs got snake bit, we used herbs. We didn't have oils when I was growing up so my father made a sage extract out of white sage and we would pour it down the dog until he got to where he would drink it and then he packed a white sage poultice on the face to draw the infection out. He used a lot of Oregon grapefruit for the cows when they would get sick. Yarrow was a favorite herb that was used by my father. When I was in my first year in school I pretended to get sick once because my friend told me how neat it was to be sick and miss school, and your mother would rock you and give you Jello and ice cream. I was the oldest son of six kids and never really had been rocked by my mother, and I thought that sounded good, so I tried to be sick one morning. Well, I didn't get Jello and ice cream. I got Yarrow tea and I got a mustard plaster poultice on my chest and back and brown paper bags soaked in vinegar and cayenne pepper wrapped around that!

So that's how I grew up, and when you've grown up that way you naturally have a tendency to kind of follow that. Since I have learned about essential oils and how much more powerful they are than herbs, I have gone that way for the treatment of all of my animals and it has been very beautiful.

Cougar Attack

(Shows slide of injured horse.) Unfortunately, I wish I had taken this picture when it first happened. This was after the wound was almost closed.

This was one of my big Thoroughbred geldings that had been attacked by a cougar and the legs were all lacerated, as obviously he was kicking and the cougar was clawing at him. This hole here was about half the size of a volley ball (about a grapefruit size originally), and it ripped the artery and it was just spraying blood. When we found him he was standing in a large puddle of blood and was not probably too far away from bleeding to death. It took a while to get him home because he was so weak from the loss of blood.

Emergency Treatment with Essential Oils

Mary called the vet, but by the time he got there I had taken *Helichrysum* and put it in a syringe and sprayed it right into the veins and arteries that were ripped because they were just spraying blood. The whole back end was just covered with blood. The moment I sprayed it on there it coagulated right on site and then I went to work with the oil blend called *Purification* (which is a natural antibiotic), washing the whole wound and cleaning it out. There was a big chunk of the muscle that was just clawed right

out.

In that moment of the trauma you don't think about taking a picture—or at least I didn't—and this (referring to slide) was about a week after before we took the photograph. I really regret that because it was just unreal. When the veterinarian arrived he just looked at it and said, "Gary, there is really nothing I can do. The wound is too large to stitch..it would never hold and we couldn't close it. There is no way to graft it. You are just going to have to keep it packed and let it heal slowly. It's going to leave a huge scar, but it's not going to affect the horse."

Wound Completely Healed

Well, it took about three weeks for that hole to completely close and grow over. You can see how it is closed here in the picture where there is just a small opening. Keeping the salve in there kept it soft so it would continue to keep draining as it healed. That wound grew completely closed and new skin, new muscle tissue filled in and hair grew back with the skin, and you can't even find a scar on this horse's backside today.

It was very interesting a few months ago when I asked my people at the park, "Will you guys go and take a picture of Thunderheart's backside because I want to be able to see the size of the scar." Well, they took the picture of the backside of three different horses because they couldn't find a scar! So they didn't think they had the right horse. It has been interesting to see that.

The veterinarian would come out twice a week just to watch the regeneration of the tissue because he said, "I have never seen anything like this!" He couldn't believe it was real the way it was healing.

Injured Stallion Responds to Oils

We have watched so many other things. My big Percheron stallion, Goliath, was kicked last November. He was being a stallion and jumped the fence to get in with the mares. In fact, Black and Blue, my older team weren't in the mood for romance and one of them kicked him right on the back.

This broke a large chunk off the bone. Of course, that left it ragged, and it lacerated every time he would move and would just cut the tissues internally. They classified him in a stage four lameness and we would either have to put him down or go in and try to do an orthopedic surgery, removing the bone fragments and grinding the bone down, or filling the bone and doing a bone graft.

The orthopedic surgeon for large animals could not get him in for 90 days, so they told me, "Just keep him in the stall where he's not moving a lot and we'll

get him scheduled in 90 days for the surgery."

PanAway and Birch Prove Effective

Well, I just would go out in the morning and I would rub a formula that I call *PanAway* all over that knee and down along the leg. Then I would take *Birch* and put more *Birch* over it and just rub the knee and rub the leg. I didn't even do it every day. Probably between myself doing it and the hired hand, it probably got rubbed every few days, but within a week he wasn't limping anymore and the swelling just started going down and down.

I was out of town. We were on a lecture tour when his surgery day became available, so I asked my brother if he would take my horse in for the surgery. On the scheduled day he loaded him up, hobbled him in and when they unloaded him out of the horse trailer the vet came out and said, "Well, you've brought the wrong horse." I have two horses who are half brothers, Sampson and Goliath—they look identical except Sampson is a little shorter—and he kept saying, "Clay, you've brought the wrong horse."

Miraculous Bone Recovery

Clay said, "No..this is Goliath." The vet said, "Well, run him around in the corral and let me watch him." So Clay ran him around in the corral..there was no limp, no favoring the leg..nothing.

He said, "This is impossible. Let's x-ray him." So he x-rayed him and couldn't find anything wrong with the leg. The bone fragment that had been broken off had dissolved, so that has been a whole year and Goliath never had surgery.

Oils Powerful for Man and Beast

The oils are so powerful in their effect and so fast in working with animals. Animals are so receptive to it, just like your children are more receptive to the oils than older people are. They say, "Oh, I'm allergic to that!" I have never yet held an oil up to my horse and had him say, "I'm allergic to that!"

No Allergies to Pure Essential Oils

It's really wonderful to see that a lot of these allergies are up here in our heads. Yes, we do have chemical sensitivities that create a problem, but people don't have allergies to oils unless they are synthetic or adulterated. Sometimes because we have got chemical sensitivities we psychologically think we are going to have an allergy to anything that has a smell

Helpful for Arthritis..

What do I use for arthritis? I use the essential oils. Then if you can get it down your dog, I have sulfur which is extremely important for reversing arthritis symptoms. We have that in a capsule form also, and you can get the capsules down a dog. I would give him about four capsules a day and then massage the hips with the essential oil.

When I do *Raindrop Therapy* on an animal, if I use more than 20 drops I will put a little carrier oil with it when I am using *Thieves*, because *Thieves* has cinnamon in it and it is quite hot. I always put the oils on neet first and then put the carrier oil on afterwards. I just watch the reaction of the skin.

I do the same thing with humans. I will put the oil on neet and I watch to see what the sensitivity levels will be. If it starts to redden, if it starts to feel uncomfor-table, then I will come back on with the carrier oil. By then you have the majority of the benefit.

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**KEY WORDS AND PHRASES USED IN YL TRAINING TAPE #5
INCLUDING REFERRAL PAGES**

<u>Word or Phrase</u>	<u>Page Number</u>		
		Watch habit patterns	2
		Work on natural instinct	2
Animals	1,2	Arthritis in animals	9
Acquiring human diseases	7	Auricular points	4
Gravitate to essential oils	1	Treating horses	4
Have 200 in <i>Young Living</i> zoo	3	Bears, what they do for laxative	1,2
Learn from animal habits	1	Birds	5
Learn to identify their problems	2	Treatment for fever	5
Need to forage for themselves	7	Blood, similar to essential oils	1
Protect with essential oils	5	Carries antibodies	1
Respond to essential oils	1	Nurtures & feeds cells of body	1

Cancer, in pets	7	Use with animals	3
Cat, with upset stomach	2	Using neet	9
Ear infection	6	Vehicle for oxygen	2
Forage for itself	7	Why they work so effectively	1
Headache	6	Leukemia, feline	7
Need good diet, exercise, water	4	Geese, Canadian	6
Treating with oils	4	Don't migrate anymore	6
Treatment for fever	5	Lost natural instinct to migrate	6
Chemicals, airborne	6	Headaches	2,6
Cause problems with pets	6s	And essential oil	2
Cholic, with horses	2	Determining in animals	6
Experience with	3	Migraines in pets	6
Fatal within 8 hours	2	Herbs - oils lost through dehydration	4
Horses died with	3	Dandelion	4
Surgery not a good option	3	Echinacea	4
Cougar, attack by	7	For sick cows	7
Clawed muscle out	7	For snake bites	7
Wounded gelding	7	Oregon grapefruit	7
Coumarins, what are they?	1	Teas from	7
Cows, seek out laxative plants	2	White sage	7
With cancer eye	7	Yarrow	4
Distillation (steam) of essential oils	1	Horses	3-9
Different units for different oils	1	A perfect creation	3
Dogs, what they do when they are ill	1	<u>Word or Phrase</u>	<u>Page Number</u>
Ear infection	6	Horses (continued)	
Forage for itself	7	Companionship with	3
Headaches	6	Need good diet, exercise, water	4
Need good diet, exercise, water	4	No artificial feed for YL horses	4
Treating arthritis	9	No vaccinations for YL horses	4
Treating with oils	4	Percheron draft horses	3,7
<u>Word or Phrase</u>	<u>Page Number</u>	Percheron stallion injury	8
Treatment for fever	5	Put oils on feet	2,3
With upset stomach	2	Raindrop Therapy on	5
Ear infection	6	Respond to foot treatment	3
Determining in animals	6	Seek out laxative plants	2
Essential Oils, are you using them? 1-9		Staple in foot	5
Animals respond to them	8	Recovery with <i>Thieves</i>	5
Compatible for animals/humans	1	Thoroughbred gelding	7
Contains anti- properties	1	Training young colts	3
Diffuse for pets	6	With cholic (twisted gut)	2,3
Digest chemicals	6	With strangles	5
Discharge chemicals from system	6	Wounded by cougar	7
Effective natural healers	7	Human body	1,6
For strangles	5	Affected by chemicals	6
Gives life to plant	2	Contains blood & lymph	1
In protein structure	2	Lost natural instincts	6
More powerful than herbs	7	Immune system compromised	4
Nurtures & feeds cells of plant	1	Oxygen	2
Oils lost through dehydration	4	Catalyst of all living substances	2
Parallelism of oils & blood	1	No life without it	2
Phenylpropanoid compounds	1,2	Petras, Dr.	1
Plant derived compounds	1	Using essential oils in practice	1
Pure oils cause no allergies	8,9	Petrochemicals	6
Steam distillation process	1	Coating receptor sites on pituitary	6
Thinking man's medicine	2	Compromise immune system	6
Travels where it needs to go	2	Phenylpropanoids	1,2
Treating through horse's feet	3	Plants, contain chlorophyll and oil	1
Treating horses	5	Protein, number one necessity	2

All cells made up of it	2	Healed wound completely	8
Cannot build without it	2	Natural antibiotic	8
Raindrop Therapy on horses	2,4,9	Regenerated tissue	8
Spine	4	<i>Ravensara</i>	4
Diseases hibernate on spine	4	Amounts to use for animals	4
Strangles, serious horse disease	5	To treat horse's cold	3,4
Conditions of	5	For respiratory congestion	4
Contagious condition	5	<i>Thieves</i>	5
No antibiotics	5	Contains cinnamon & is hot!	9
Treatment of	5	For treatment of staple in foot	5
Use essential oils	5	<i>Thyme, ('hot' oil)</i>	4
Toxins, environmental	6	Amounts to use for animals	4
Affect pituitary of geese	6	Dilute with vegetable oil	4
Compromise immune system	6	<i>V-6 Oil</i>	5
Within the cities	6	Combination of vegetable oils	5
Trail drives	7		
Moving cattle in spring	7		
Vaccinations, for animals	4		
Cause immune compromise	4		
Encoding goes into DNA	4		
<u>Word or Phrase</u>	<u>Page Number</u>		
In World War II	4		
Side effects in babies being born	5		
Veterans developed leukemia	4		
Young, Dr. Gary	1-9		
Boyhood days	7		
Wagon train experience	3		

ESSENTIAL OILS AND YOUNG LIVING PRODUCTS MENTIONED IN YOUNG LIVING TRAINING TAPE # 5

<u>Essential Oils and Products</u>	<u>Page Number</u>
<i>Cedar</i> oil, heavier than water	1
<i>Birch</i>	8
Healed broken bone	8
Miraculous bone recovery	8
<i>Exodus II</i>	4
On auricular points	4
Respiratory congestion in horse	4
<i>Helichrysum</i>	8
Healed wound completely	8
Regenerated tissue	8
Sprayed into horse's wound	8
Stopped bleeding immediately	8
<i>Lavender</i>	1
Rises to top during distillation	1
<i>PanAway</i>	8
Healed broken bone	8
Miraculous bone recovery	8
<i>Peppermint</i>	5
For fever in animals, birds	5
Natural antibiotic	5
Stimulant to major glands	5
Use on bottom of feet	5
<i>Purification</i>	8